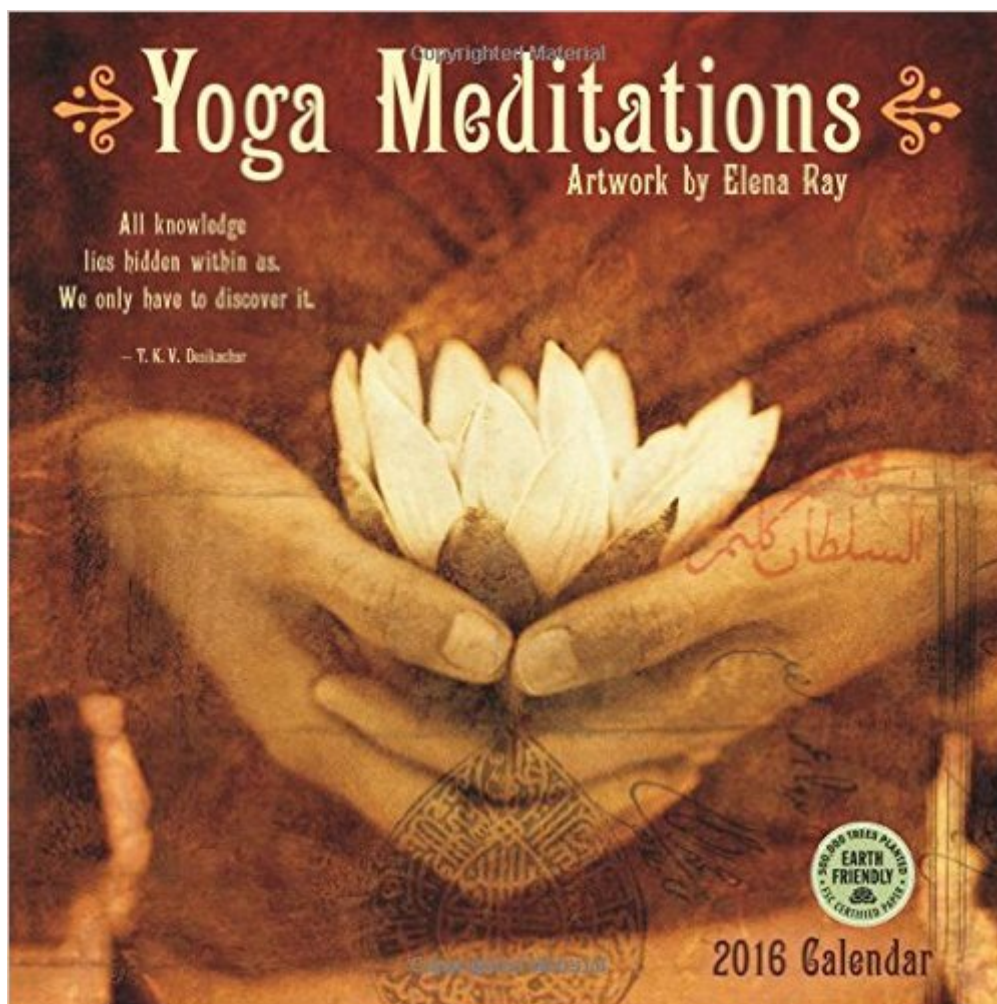


The book was found

Yoga Meditations 2016 Wall Calendar



Synopsis

An essential principle of yoga the mind, body, and spirit holistically connecting through the breath is beautifully illustrated in the Yoga Meditations wall calendar, featuring exquisite mixed-media art by Elena Ray. The visual themes explore yoga postures as well as symbolic subjects, such as the expansive transformation of butterfly wings or the upward reach of smoke from an incense burner. The accompanying quotes from ancient and contemporary yoga masters open the heart to this universal wisdom and enhance the practitioner's potential of meeting yoga's greatest goal: the realization of one's deepest nature. In the words of the great yogi Paramahansa Yogananda, You will then be guided by the great creative power of Spirit. A year of yoga wisdom and inspiration on your wall. Frameable artbook-quality printing. The perfect inspirational art gift for the yoga enthusiast. Features quotes by luminaries such as Yoga Swami Svatmarama and T. K. V. Desikachar and text from the Radiance Sutras. Printed on FSC Certified Mixed Source Paper with soy-based inks. Published by Amber Lotus, an independent carbon-negative US company that has planted more than half a million trees since 2008. This calendar features US and Canadian legal holidays, phases of the moon, and important observances of the world's major religions.

Book Information

Calendar: 28 pages

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Language: English

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ISBN-13: 978-1631360510

Product Dimensions: 12 x 12 x 0.3 inches

Shipping Weight: 9.1 ounces (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 starsÂ Â See all reviewsÂ (5 customer reviews)

Best Sellers Rank: #406,988 in Books (See Top 100 in Books) #28 inÂ Books > Calendars > Diet & Health #1107 inÂ Books > Health, Fitness & Dieting > Exercise & Fitness > Yoga #2216 inÂ Books > Health, Fitness & Dieting > Alternative Medicine > Meditation

Customer Reviews

Very vivid pictures. This calendar looks great on the fridge

Perfect!

Very perfect calendar!

Very nice calendar at a good price.

Love the imagery and the spiritual qoutes on this calendar!

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